

# Curriculum Vitae

## Personal information

First name(s) / Surname(s)

**Upadesh Shrestha**

Address

Nayabasti, Imadol – 6  
44700 Lalitpur (Nepal)

Mobile

+9779841702152

Nepal Engineering Council Reg. No

6762 'Civil' 'A'

E-mail(s)

mail.upadesh@gmail.com

Nationality

Nepali

Passport No.

05660206

Date of birth

23rd July, 1985

Gender

Male

Marital status

Single



## Personal Summary

An ambitious and dedicated civil engineer with practical and technical skills and a range of experience within construction engineering. Having a sound knowledge of designing, testing and evaluating a designs overall effectiveness, cost, reliability, and safety. Capability of dealing with staffs and efficient to solve complex problems in order to bring maximum efficiency to the project. Currently seeking a challenging professional civil engineering position abroad and willing to consider permanent or short term contracts.

## Desired employment / Occupational field

**Construction engineer [Building engineer / Civil engineer / Site engineer / Control engineer, construction]**

## Work experience

Dates

11/2009 - 01/2010

Occupation or position held

Quality Control Engineer

Main activities and responsibilities

Responsible for material and equipment quality spot check on field and report preparation of 18 sites in 13 districts on Nepal. Design implementation check on field of all 18 sites.

- Quality check of material procured is under Nepal Govt. Standard or design specification.
- Quantity of material procured according to design.
- Check of design implementation is according to design.
- Conducting meeting with user community and making them aware of quality of material.
- Preparing report of site condition, work progress and suggestion for improvement.

Name and address of employer

Nepal Environmental and Scientific Services (P) Ltd.  
Babhar Mahal, Kathmandu

Type of business or sector

Rural Water Supply and Sanitation Fund Development Board

Dates

01/2010 - 02/2010

Occupation or position held

Survey Engineer

Main activities and responsibilities

Detail survey of hill road from Bitthad to Bungal Agricultural Road (7.05 Km) and Putalilekh to Bungal Agricultural Road (7.35 Km) in Bajhang District.

- Fixing alignment for shortest and favourable route.
- Data recording.
- Involved in planning for the timely completion of task.
- Involved in preparation of design and report.

Name and address of employer

Prarup Development and Associates  
Sankhamul, New Baneshwor, Kathmandu

Type of business or sector

Road Design

Dates

02/2010 - 02/2010

Occupation or position held

Survey Engineer (Team Leader)

Main activities and responsibilities	Detail survey of hill road from Nallu – Unichaur Agricultural Road (18 Km) Lalitpur District. <ul style="list-style-type: none"> <li>Management of all the equipment and manpower required to complete the survey in time with best result.</li> <li>Fixing alignment for shortest and favourable route.</li> <li>Data recording.</li> <li>Planning for the timely completion of task.</li> </ul>
Name and address of employer	Paragon Engineering Consultancy Kupondole, Lalitpur
Type of business or sector	Road Design and Building Design
Dates	02/2010 - 06/2010
Occupation or position held	Designer and Supervision Engineer
Main activities and responsibilities	Design and construction supervision of 3 storied modern residential building at Hattiban, Lalitpur. <ul style="list-style-type: none"> <li>Involved in design of structure according to Municipal Standard and IS code standard.</li> <li>Involved in preparation of schedule.</li> <li>Supervision of layout of building.</li> <li>Supervision of concrete and rebar work.</li> <li>Responsible for timely completion of civil works.</li> <li>The constant monitoring of the project work and ongoing cost control.</li> <li>Responsible for quality control of engineering and construction documents.</li> </ul>
Name and address of employer	Professional Alliance for Rural Development Pvt. Ltd. (PARD) Baneshwor, Kathmandu
Type of business or sector	Building, Irrigation and Micro-Hydro Design
Dates	06/2010 – 09/2011
Occupation or position held	Site Engineer
Main activities and responsibilities	Responsible for the creation and management of proposals, scopes, budgets, timelines, specifications, bill preparation and cost estimates of multi storied apartment (Classic Tower, Dhapakhel and GN Apartment, Gwarko). <ul style="list-style-type: none"> <li>Involved in a project that included the construction of building.</li> <li>Involved in of building layout work.</li> <li>Supervision of foundation work for piling and tie beams.</li> <li>Supervision of concrete and rebar work.</li> <li>Responsible for the timely development of structural schemes.</li> <li>Maintaining non-conformance / non-compliance records and logs.</li> <li>The constant monitoring of the project work and also ongoing cost control.</li> <li>Prior planning and the identification of critical materials essential for the project construction.</li> <li>Responsible for quality control of engineering and construction documents.</li> </ul>
Name and address of employer	M.K. Nirman Sewa (Pvt.) Ltd. LABIM, Pulchowk, Lalitpur
Type of business or sector	Class 'A' rated road and building contractor
<b>Project works</b>	
Main activities and responsibilities	Pre-feasibility study of Small Hydropower Project <ul style="list-style-type: none"> <li>Site accessibility survey of road from nearby highway.</li> <li>Site survey for the proper alignment and topography selection.</li> <li>Involved in design of structural and mechanical work.</li> <li>Cost estimation and duration to completion of the entire project.</li> <li>Report preparation of the project.</li> </ul>
Project	Jog Mai Small Hydropower Project
Project location	Aaitabara, Illam
Consultancy	Nepal Hydro Energy Development Ltd. Sano Gaucharan, Kathmandu.
Social skills and competences	Inter-personal relationship with others and highly convincing capability to general public.

## Education and training

Dates	1989 - 2002
Title of qualification awarded	School Leaving Certificate, HMG Board, Nepal
Principal subjects / occupational skills covered	English, Nepali, Mathematics, Science, Account, Health Studies, and Optional Mathematics General field
Name and type of organisation providing education and training	Sharda Shishu Sadan EBHS
Level in national or international classification	Basic education Lower secondary and secondary education
Dates	2002 - 2004
Title of qualification awarded	Intermediate, Hyderabad, India
Principal subjects / occupational skills covered	Physics, Chemistry, Mathematics, English Physical sciences
Name and type of organisation providing education and training	Nalanda Jr. College
Level in national or international classification	Secondary / Post-secondary education Higher secondary education
Dates	2005 - 2010
Title of qualification awarded	Bachelor in Civil Engineering
Principal subjects / occupational skills covered	All major subjects in Bachelor of Civil Engineering Electives: Watershed Management, Hill Irrigation Architecture and building
Name and type of organisation providing education and training	Kantipur Engineering College, IOE, Tribhuvan University
Level in national or international classification	Higher education / University Under graduate

### Computer skills and competences

AutoCAD 2D  
Land Development  
Civil Design  
STAAD Pro. 2006  
Microsoft® Office package (MS Word, MS Excel, MS PowerPoint)  
Photoshop  
Basic HTML  
Internet and Email application

### Member of

- Nepal Engineering Council(NEC) 2011
- Nepal Engineering Association(NEA) 2011

## Personal skills and competences

Inspections	Site supervision	Quality assurance
Surveying	Project management	Strategic planning
Feasibility studies	AutoCAD	Producing ACAD plans

### Mother tongue

**Nepali**

### Self-assessment

Other language(s) ↓

**English**

**Hindi**

Understanding		Speaking		Writing
Listening	Reading	Spoken interaction	Spoken production	
Good	Fluent	Good	Good	Fluent
Fluent	Fluent	Good	Good	Good

Driving licence(s)

Category 'A' Professional (2 Wheeler)

**References**

1. Er. Nrijal Dhakal  
Consultant Engineer  
Nepal Environmental and Scientific Services (P) Ltd.  
Mobile no. 9841401821
2. Er. Bikash Shrestha  
Managing Director  
Prarup Development and Associates  
Mobile no. 9841354778
3. Er. Madhu Timilsina  
Consultant Engineer  
Paragon Engineering Consultant  
Mobile no. 9841176171
4. Er. Atit Shrestha  
Consultant Engineer  
Professional Alliance for Rural Development Pvt. Ltd.  
Mobile no. 9841616505
5. Er. Ram Parsad Khatiwada  
Project Manager  
M.K. Nirman Sewa (P) Ltd.  
Mobile no. 9851120416